



My Rule of Life

Template A – 8 practices

Shared Practices

My individual practices

1 Prayer

A daily rhythm of prayer

2 Scripture

A life deeply rooted in scripture

3 Sabbath

A regular rhythm of Sabbath
rest

4 Simplicity + Generosity

A life marked by simplicity
and generosity

5 Family

Active participation in the
family of Jesus

6 Hospitality

A lifestyle of Christ-like
hospitality

7 Justice & Peace

A pursuit of justice and peace
in our activities

8 Maturity

A pursuit of spiritual, emotional
& physical maturity